

**A FEAST OF STORIES
RESOURCE PACK**





A Feast of Stories is the theme for National Share A Story Month 2024. It encompasses the brilliant pairing of food and a good book. Many popular books feature food as a staple to the characters and the plot line. From buns in the Murder Most Unladylike series to turkish delight in Narnia, there are amazing and delicious foods featured widely across children's literature.

Some food will have your mouth watering while other food and drink may have you shrink or grow ridiculously tall. There is no end to the fun to be had when food and stories connect.

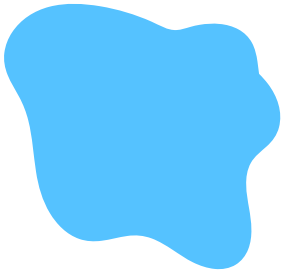
We have compiled some ideas and activities for you to use with your group and within your community. Please do share photos from your events with us!

Twitter-- @fcbgnews

Instagram --fcbg_news

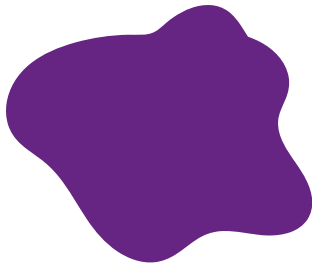
Facebook--The Federation of Children's Book Groups

Ideas for Groups



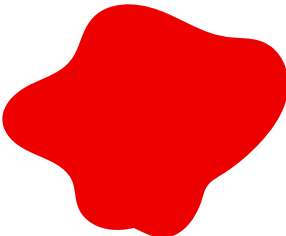
Tea Party

Host a tea party to welcome your local families in to learn more about the theme and to take part in fun activities or to complete a potion as part of the competition.



Bake Off Events

Perhaps you can challenge your local families to make or bake something linked to a book or character from a favourite story.



Recipe Sharing

Many families have recipes that are special to them. It could make a lovely project for them to share them with your community or to create a local cookbook made up of those recipes.



Food Treasure Hunt

Challenge your families to hunt for food within their favourite stories. They could recommend books to friends and suggest yummy snacks to eat while reading.



Book Tasting

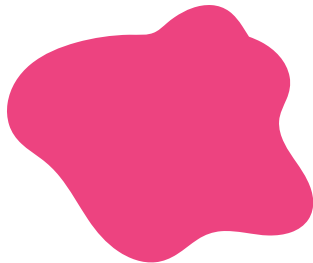
Choose a selection of books for families to browse and taste. Choose titles that link really nicely with food. Give plenty of time for everyone to explore the books around them.

Ideas for Groups



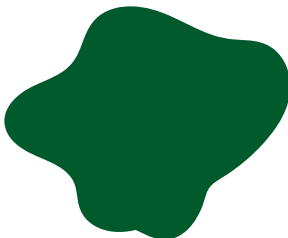
Recipe Read

Be an assistant to the chef! Read the recipe aloud while they prepare food



Story time

See the recommended reading list for inspiration and enjoy sharing books with the whole group!



Book Display

Invite members to bring their favourite food-based stories or recipe books to share. This can be done either with a display or by showing and telling. <https://ourfp.org/eop/big-up-your-book/>



Reading Buddies

Have older children read to younger ones.

Ideas for Groups



Recipe Write Up

Create a recipe book with your group. Have each member bring a favourite recipe along. Write or type them up and create a collated recipe book for each member.



Creative Recipe

Create a recipe for an imagined food or a popular item eg: world's best sundae/milkshake.



Story Writing

Have a story writing session linked to theme (this could be linked to the competition or stand alone).



Group Story

Write a group story: Each member writes a line and then passes the story on for the next member to continue.



Graphics and Comics

Make a graphic novel or comic!

Ideas for Groups



Top Chef Junior

Top Chef Junior: Write a script for a cooking show



No Cook Recipes

Cooking or baking: Follow any recipe you like. For 'no cook' ideas:
<https://www.bbcgoodfood.com/recipes/collection/no-cook-kids-recipes>



Papier Mache

Papier mache food items: <https://barleyandbirch.com/make-paper-mache-food-on-a-stick/>
<https://www.artbarblog.com/20-paper-mache-ideas-for-kids/>



Food Art

Create some food art: <https://homeschoolpreschool.net/food-crafts-for-kids/>



Play with your Food

Play with your food: Use tortillas, wraps or round shaped bread to make 'face sandwiches' for lunch or a snack

Ideas for Groups



Cooking Show

Cooking show: Create a cooking show where the recipe is made for either a live performance or a recording.



Ready Steady Cook

Ready Steady Cook! Have teams come up with a meal using given ingredients



Act it Out

Act out a scene from a food-based story as a group (or in small groups and perform for each other)



Freeze Frame

Freeze frame scenes from the story



Film Making

Create a short film that acts out a story

Make your own book



Shape Book

Books that are made into a shape relating to food can be an exciting way to encourage families to write fun stories.



Accordion Book

An accordion book can be created by folding paper and can be made into any size.



Flap Book

Lift the flap books are very popular with readers of all ages. Stories and illustrations can be added and then a flap added for that element of mystery.



Pull- tab Book

These books will take a bit more planning and preparation but you can have a worm coming out of an apple or food coming out of a picnic basket.



Pop-Up Book

There are plenty of instructions online around how to create varying styles of pop-up books. Perhaps a favourite food can pop out of an open mouth.

Competition Rules

Our main competition for 2024 is for children to create a potion! This potion could be created with a mixture of magic, imagination and fun ingredients.

Inspired by George's Marvellous Medicine by Roald Dahl and Pizza Pete and the Perilous Potions by Carrie Sellon, we hope that children from 5-13 will have fun creating something with epic results.

Children in the following age categories can enter for their chance to win a prize!

5-7

8-10

11-13

Entries must be labelled clearly and details on the form be filled in.

Entries can be sent to **NSSM, 54 Alexandra Road, Ipswich, IP4 2RN** or scanned in and sent to **nssm@fcbg.org.uk**.

All entries must be received by 7 June.

We are delighted that author Carrie Sellon will act as our guest judge for this competition.

Competition Instructions

All children aged 5-13 are eligible to take part in this competition.

We ask that children choose a style beaker. Using colours and details, they should show the different ingredients and amounts. Labelling each ingredient would be ideal so judges can see what is being chosen, even if the ingredients are make believe.

The back side of the form can be completed by the child or a family member to explain what funny effects happen once the potion is consumed.

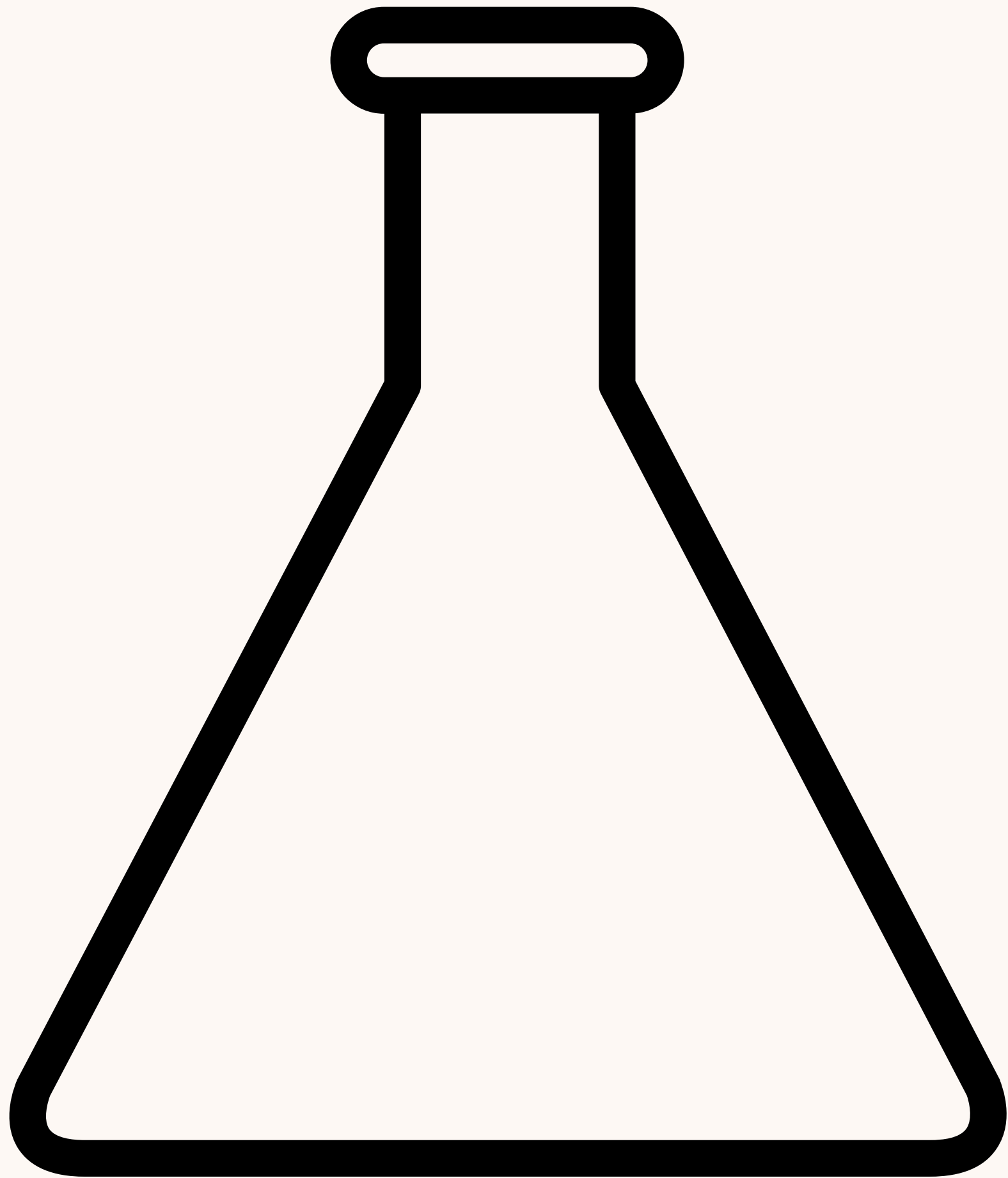
We urge children to have fun with this and prizes will be awarded in each of the following age ranges.

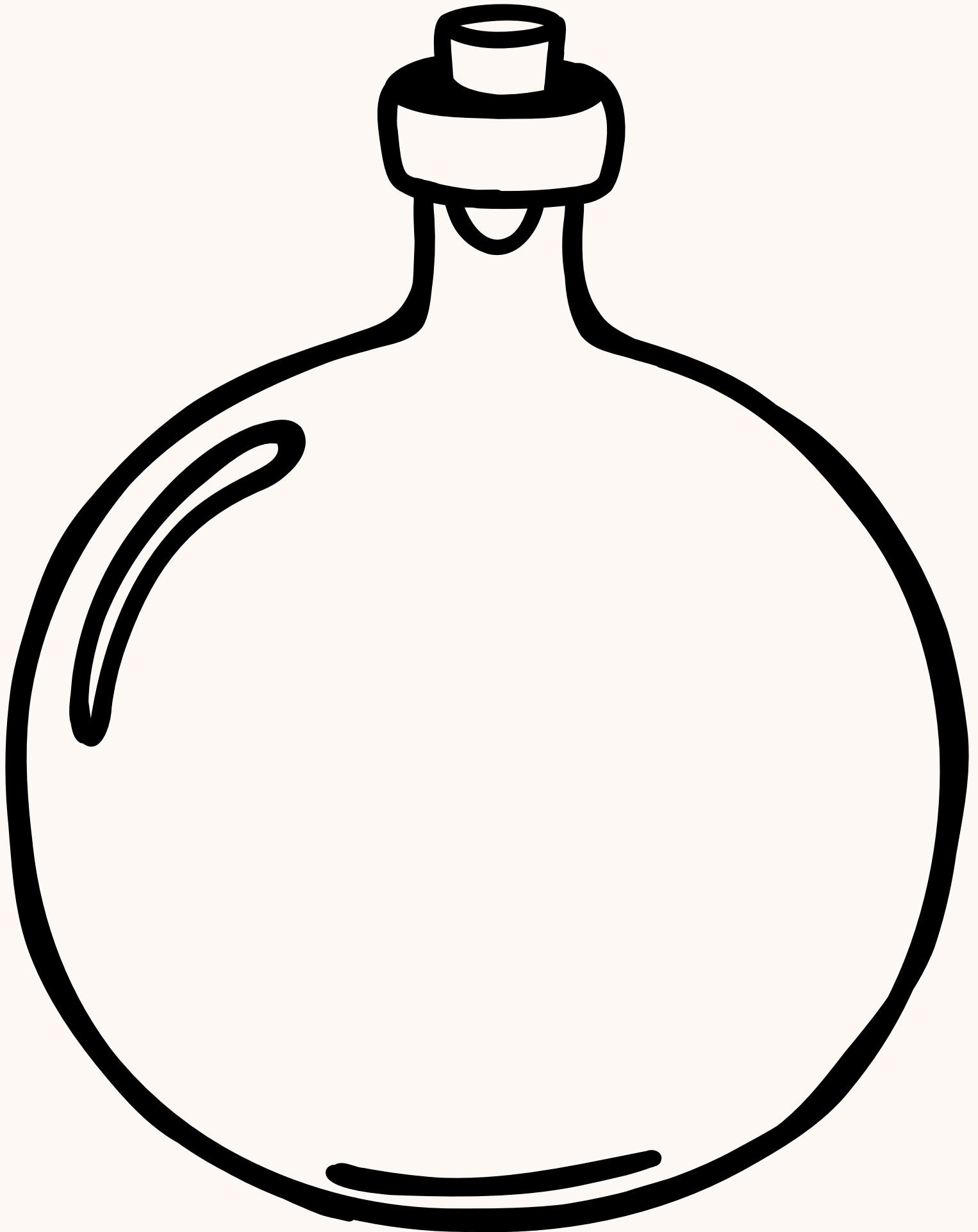
5-7

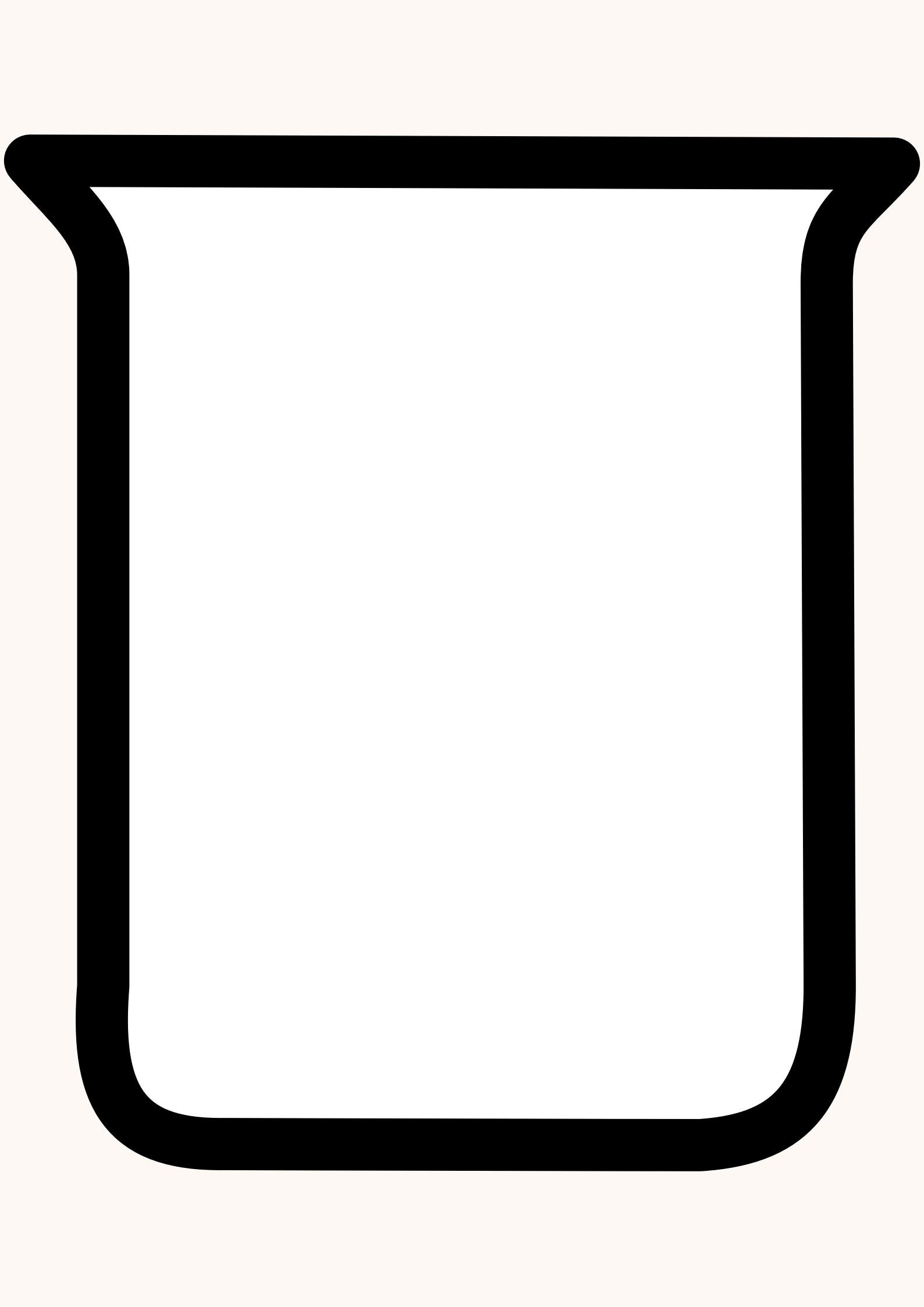
8-10

11-13

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Tell us about your potion!

Name: _____

Age: _____

School: _____

Ingredients:

What happens when you drink your potion?

Competition Instructions

Great Book-ish Bake Off

Do you love to bake? Can you create a delicious baked good linked to a favourite story? Perhaps the chocolate cake from Matilda? Buns from the Murder Most Unladylike series? Maybe even a Gruffalo inspired cake with purple prickles all over it?

Share your photos and you could win a fantastic book prize!

Tag @fcbgnews in your posts so we can see and share them!